



## LISA BEST

Lisa Best was birthed in Coral Springs, Florida, where she spent the only years of her life not having to apologize for being from Florida. Upon graduation from high school, Lisa chose to attend Florida State University in Tallahassee for the sole purpose of being in close proximity to two comedy clubs from campus. There she became a Communications major because it was the only major that didn't require math. Fortunately, Lisa was able to distract herself from her education by becoming consumed with joke and script writing, and while she spent her days in class pretending to pay attention, she spent her nights at the comedy clubs checking IDs and working the box office in exchange for stage time. By her sophomore year she became a regular feature act, opening for national headliners. After steadily receiving real tangible money for talking about dumb things like muffins on stage, she realized she wanted to dedicate her life to comedy, upped her course load in her third year so she could graduate early, and headed to Los Angeles.

After a few years of bolstering her reputation as a solid joke writer and unique performer in LA's alternative comedy scene, Lisa quickly made a name for herself as a brilliantly quirky comic and skilled story teller. In the spring of 2014, Lisa began headlining colleges across the country. She was a regular performer at The Meltdown with Jonah and Kumail before its recent end and continues to perform at The Laugh Factory in Hollywood, The Hollywood Improv, the Upright Citizens Brigade theatre, and was chosen to perform her hour at the Nerdmelt showroom for An Evening with Lisa Best. She has been showcased by Comedy Central and IFC, and has been seen at The Laugh Factory in Scottsdale, The Comedy Attic in Bloomington, Comedy Works in Denver, The Laughing Skull and The Improv in Atlanta and numerous other clubs around the county. She has been a featured performer at Sarah Silverman's 1<sup>st</sup> annual JASH Fesht in Palm Springs, Los Angeles' alternative comedy festival RIOT, the all-female All Jane Festival, and two years in a row at the Bridgetown Comedy Festival where The Portland Monthly wrote that Lisa "has a flair for turning embarrassing stories into comedy gold." She was also a co-host for the Travel Channel pilot *Cheat Day*, performed stand up on Viceland's *Flophouse* and appeared in digital sketches for Comedy Central, Funny or Die and IFC's Comedy Crib. In December 2016 Comedy Dynamics released her debut stand up album *Brain Bank*. But enough about her, how are you?